



## **2018 AERC Endurance 201 Clinic**

**When:** Saturday, September 29, 2018, 9 AM - 4 PM

**Where:** 412 Copperhead Lane  
Winchester, VA 22602

**What:** An outdoor, demonstration style, hands-on clinic for people who would like to learn more about the sport of endurance riding. It will be geared toward riders new to the sport, either contemplating trying it or in their first season or two of competition. Topics covered will include how an endurance ride is run, conditioning for horse and rider, camping with your horse, how the vet check works, crewing at a ride, tack and equipment, trailer safety and many more tid-bits of useful information.

The format will be primarily stations dedicated to each of the topics, with participants rotating through the stations. You may bring your horse if you would like to practice taking him through the vetting procedure. There will be a marked "sample" endurance trail (4-5 miles) which you can ride if you'd like to see the type of terrain to expect and how your horse handles hills, streams, bridges, rocks and other obstacles. (A very limited number of experienced endurance horses will be available to borrow if you can't bring a horse of your own. Please contact Karen Wade in advance to arrange this.)

**Organizers/Facilitators:** Assorted members of the Old Dominion organization.

**Directions and Schedule:** See separate pages.

**Lunch:** Please bring a bag lunch. We will provide drinks and snacks.

**Cost:** \$20 per person.

Make checks payable to Old Dominion Endurance Rides, Inc.

Please send a separate registration form for each participant.

Pre-registration and payment are required so that we know how many to plan for.

**Parking:** Will be in a large field. If you bring your horse, he will need to stay at your trailer during the unmounted portion of the clinic. You may arrive Friday PM and/or stay Saturday night if you would like to camp with your horse.

**Farm Rules:** No smoking except in your vehicle. **NO** dogs! (Our dogs will be tied during the clinic.) Helmets required while mounted.

Any questions, please contact Karen Wade at [kew@shentel.net](mailto:kew@shentel.net) or (540) 877-2371.



## **Registration Form: Endurance 201**

Saturday, September 29, 2018

**NAME:** \_\_\_\_\_

**MAILING ADDRESS** \_\_\_\_\_

**E-MAIL ADDRESS** \_\_\_\_\_ **PHONE** \_\_\_\_\_

How did you hear about this clinic? \_\_\_\_\_

Your age (optional if over 18!) \_\_\_\_\_

Your goals for the clinic (check all that apply):

- Learn about endurance rides (AERC) and see if they are for me/my horse
- Learn the skills to prepare me for my first season or two of competition
- Learn about endurance riding as a cross-training activity for my sport horse
- Figure out how to resolve some issues I am having with conditioning or competing

Tell us more about your goals:

\_\_\_\_\_

\_\_\_\_\_

Are you hoping to compete in an endurance ride?

- I have no idea if I'll be ready, but hope to learn about that
- Yes, I hope to get to do an AERC LD (25/30 mile) or ECTRA CTR ride
- Yes, I hope to compete in AERC Endurance (50 or more miles)
- No, I'm just hoping to learn the ropes but don't plan to compete

Tell us about the horse you'll be working with:

Breed \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_ Height \_\_\_\_\_

Prior training/experience \_\_\_\_\_

What is your riding background? (trail riding, dressage, showing, western, hunter/jumper, eventing, etc.)

\_\_\_\_\_

How long have you been riding? \_\_\_\_\_ Will you be bringing your horse? \_\_\_\_\_

Mail registration form, \$20 clinic fee, and current Coggins (if bringing a horse) to:

Karen Wade, 412 Copperhead Lane, Winchester VA 22602